

## 2 Week Test Prep The Anti-Cramming Schedule

Course:

Test Date:

### Week One

**14**  
Days  
Away

Make sure you have all course materials.

**Organize!** Find all loose notes, assignments, etc.



**13**  
Days  
Away

Ensure **notes** are accessible in a notebook or PowerPoints.

Determine what info you don't know and will need to cover.



**12**  
Days  
Away

**Read notes** and write down any questions you have.

**Visit Professor Office Hours** to ask unanswered questions.



**11**  
Days  
Away

**Begin studying** lecture and text notes for 40 minutes a day.

Step up attendance at CAA programs (**SI and Tutoring**).



**10**  
Days  
Away

Complete **textbook reviews** to identify unfamiliar concepts.

**Review** with a classmate to ensure your notes are complete.



**9**  
Days  
Away

Review information from **previous quizzes and exams**.

Plan time for **breaks** in addition to study time.



**8**  
Days  
Away

Begin making **connections** between information.

**Create** Study Charts, Mind Maps, or Concept Maps.



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### Week Two

**7**  
Days  
Away

Create a **study schedule** you can and will stick to.

Form a **study group** with fellow students to stay motivated.



**6**  
Days  
Away

**Begin studying** for at least two hours per day.

**Utilize** flash cards, review sheets, and practice test.



**5**  
Days  
Away

Review results of **practice test** in tutoring or study group.

**Reward positive behavior!** It will help you stay on track.



**4**  
Days  
Away

Make a **list of key concepts** and identify examples.

Try to **recall** information rather than just reading it.



**3**  
Days  
Away

**Review** any notes you feel need additional attention.

**Meet with Instructor** to discuss any challenging concepts.



**2**  
Days  
Away

**Discuss** topics on review sheets with your study group.

**Review questions** you previously had on a topic.



**1**  
Day  
Away

**Ask a friend to quiz you.** Identify areas you need to review..

Set a bedtime, it is important to **sleep** well the night before.



**TEST  
DAY!**

Eat a **healthy breakfast** and ensure you are not distracted.

Relax and be confident! **You are prepared!**

